



## Fall Vegetable Gardening To-do List

**Here's what Karen learned to include on her to-do list when caring for a fall or winter vegetable garden.**

### To-do List

Here are a few things I learned in my class about fall and winter vegetable gardening: Photo by Karen K. Acevedo Start seedlings for cole crops and lettuces in the early part of July; transplant by August 1.

Use hoops and shade cloth over beds containing transplants or direct-seeded crops.

Keep transplants and seed beds hydrated until well established.

Freeze spinach seeds for a week before planting—they'll germinate better this way.

Spray fall transplants and seedlings every two weeks with a fish/kelp solution in the morning to help reduce heat stress.

Make your own custom salad mix and plant each variety separately. When the seeds germinate, it will be easier to tell what's a weed and what was planted. Mixes make this job more difficult.

Plant a late crop of bush beans around the end of July. They'll be less affected by Mexican bean beetles and the weather will be cooler come harvest time.

Try a variety of Asian greens; they can take the cold without much protection.

Use floating row covers and hoops on delicate crops like lettuce and spinach.

Always plant a winter-hardy cover crop in areas you don't plan to use until next year.