



Jamie Dockery's Favorite Perennials

From his growing zone 4 in Kentucky, horticulturalist Jamie Dockery lists some of his favorite perennials.

Just in time for planting season horticulturalist Jamie Dockery shares his favorite perennial picks for the central Kentucky area.

Be sure to keep your zone in mind when it comes to choosing and growing perennials. Here are 12 beauties to consider: Purple Cone Flower

Daylily: Don't buy online; stick to those in the shop

Butterfly weed or bush: food for monarch butterflies

Rose Mallow: Colors and styles galore!

Iris: Consider an heirloom for scent, sturdiness

Showy Sedum: Grow in large groups; prune when needed

Plumbago or Leadwort: Great groundcover; foliage turns red in fall

Hosta: Pick your foliage; watch for slugs!

Alliums like Garlic Chives: Don't forget edible plants

Yellow Yarrow: Cut blooms back in May for another bloom in the fall

Japanese Anemone: Plant in spring, won't bloom till fall

Summer Sun Heliopsis: Easy seeder, long bloomer

... and dozens more! Happy planting!

About Dockery

Jamie Dockery is the Fayette County Extension Agent for Horticulture in Lexington, Ky.

His experience ranges from retail horticultural sales and work for a well-established nursery. He speaks extensively on gardening to community groups and has provided gardening segments for a local television station. He earned Bachelor's degrees in agriculture and biology from Berea College in Berea, Ky.