



Apple Cinnamon Dog Training Bits

These apple cinnamon dog training bits will have your dog licking his chops for more.

Photo by Stephanie Gang

This tasty recipe for dog training bits will have your dog licking his chops for more.

Ingredients 4 cups whole wheat flour 1/2 cup cornmeal 1 egg 2 T. vegetable oil 1 tsp. cinnamon 1 small apple, grated 1 cups water

Preparation

In a bowl combine all ingredients except the apple and water. Grate apple into mixture and add water. Mix until it starts forming a dough. Turn out on a lightly floured surface. Knead well. Roll out to 1/4- to 1/2-inch thick. Take a straight edge and score the dough horizontally then vertically to make a grid of 3/4-inch squares. Be careful not to cut through the dough completely. Place the dough on a baking sheet that has been sprayed with a nonstick spray. Bake at 325 degrees F for 1 hour. Break apart for storage.

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