



Watermelon and Mint Aguas Frescas

A fresh, summertime non-alcoholic fruit drink

Many people prefer not to drink alcohol in the afternoon, so it's important to have a tasty alternative beverage to round out your summer picnic. This is a take on the Mexican drinks that can be found almost anywhere in Mexico. These fresh fruit, non-alcoholic drinks are also very popular in the Southwest area of the United States. Keep it ice cold by packing in a thermos.

Ingredients

5 cups watermelon, cut up and cooled in the freezer for several hours 1/4 cup mint leaves 1 cup water 4 mint sprigs

Preparation

In a blender, combine the watermelon, mint leaves and water. Combine until smooth. To transport to the picnic, pour into a well-chilled thermos. Serve in tall glasses with a mint sprig for garnish.