



## January-February 2009

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### Features

#### Bread-based Therapy

Warm up a chilly afternoon and soothe frayed nerves by baking bread the old-fashioned way. [More>>](#)  
by Cherie Langlois

#### Comfort in a Cup

Indulge in the slow-cooked, hearty soups and stews of winter that elevate common root vegetables.  
by Jo Stewart

#### The Purposeful Knitter

Shed the pattern mentality and try your hand at an intuitive piece, like a top-down sweater.  
by MaryAnna Clemons

#### Join the (book) Club

Broaden your interests and gain a greater sense of community with friends by joining (or starting) a book club. We tell you how.

By Barbara Berst Adams

#### Sustaining Principles: Sap Bush Hollow Farm

Follow one family's journey as they farm sustainably, and profitably, on their 100-acre property in upstate New York.  
by Cherie Langlois

#### The Path of Least Resistance

Moss gardens are beautiful and low-maintenance. Don't fight the moss on your property, encourage and cultivate it! by Jean M. Fogle

#### Planting Your Future

Learn the history and basics of arborsculpture: the craft of training trees to form artistic and useful shapes.  
by Patti Cassidy

#### Sun Up to Sun Down

Let the weather and farm logic be your guides in crossing everything off that never-ending to-do list. Tame the beast that is time management. [Click to continue>>](#)

by Lisa Kivirist

#### Signs of Farm Life

The homemade signs you'll see driving through farm country reveal a simpler lifestyle, whole-some products and a bit of whimsy in the heart of farmers.

Test by Samantha Johnson / Photos by Daniel Johnson

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