



## Why I'm an Urban Farmer

### **Why are we urban farmers?**

"Because there's nothing more fulfilling than seeing an empty, trash-strewn lot transform into a lush jungle of produce, a wildlife habitat and a community area from the simple act of planting seeds."

—Aliza Sollins, Baltimore, Md.

"Because I want my children to understand that eggs come from chickens, and our food comes from the land, and it takes hard work and rain, sunshine and love to make it happen."

—Danielle Swap, Kissimmee, Fla.

"Because organic goat milk is \$16 per gallon. With the amount we go through, we could buy a goat a month."

—Justin, Tracey, Giselle and Saer Tiret, Portland, Ore.

Tell us why you're an urban farmer at [www.urbanfarmonline.com/contact](http://www.urbanfarmonline.com/contact).